

## Aging in Place: Growing Need, Statewide Reach

- An **estimated 27% of the population is now age 60 or older.**
- Consumers in the ASAP Home Care Program:
  - have an **average age of 80**
  - many are **from low-income communities** and suffer from **multiple chronic conditions**
  - **42% receive MassHealth**
  - **56% live alone** and **80% have been identified as having a high risk of falls**



• Aging Services Access Points (ASAPs) provide in-home services and supports to older adults age 60+ and people with disabilities in every city and town across Massachusetts, helping them to remain independent at home - where they want to be.

## How ASAPs Reduce High-Cost Institutional Care: Hospitals



ASAP programs and services provide safe alternatives for non-

institutional care at lower cost and with overall better healthcare outcomes. This saves hospitals money by helping with throughput issues and freeing up acute care beds. A July 2025 report from the Massachusetts Transitions from Acute Care to Post-Acute Care (TACPAC) Task Force included a recommendation to make the Hospital to Home Partnership Program permanent, with the justification that “Direct HCBS coordination at the point of care reduces unnecessary SNF placement and enables faster, safer discharges to the community.”

### ROI Snapshot:

#### ASAPs Programs Reduce Hospital Costs

##### Hospital Cost Context

Average MA hospital expense per inpatient day: **\$3,893**  
Massachusetts hospitals lose an estimated **\$400 million annually** due to delayed discharges when appropriate community settings are unavailable.

##### Hospital to Home Partnerships (2023-2025)

An estimated **4,000 consumers** were assisted with safe discharge and return home across 15 sites.  
**Assuming hospital stays were shortened by just one day per consumer, this translates to a savings of approximately \$15.5 million in system-wide hospital cost avoidance over two years.**

##### Behavioral Health Outreach for Aging Populations (BHOAP)

**298 behavioral health crises stabilized in the community** between July and December 2024, reducing reliance on emergency departments and inpatient care.  
**If just 50% of these consumers avoided an inpatient stay, this represents \$1.6 to \$2.3 million+ in avoided hospital costs, based on Massachusetts-specific admission cost data.**

Home and Community-Based Services delivered through ASAPs help older adults remain in, or return to, their homes, *where they prefer to live and thrive*. At the same time, **these services generate clear, measurable savings** compared to institutional care, delivering strong returns for consumers, insurers (including MassHealth), and the Commonwealth.