

Aging in Place: Growing Need, Statewide Reach

- An **estimated 27% of the population is now age 60 or older.**
- Consumers in the ASAP Home Care Program:
 - have an **average age of 80**
 - many are **from low-income communities** and suffer from **multiple chronic conditions**
 - **42% receive MassHealth**
 - **56% live alone** and **80% have been identified as having a high risk of falls**
- Aging Services Access Points (ASAPs) provide in-home services and supports to older adults age 60+ and people with disabilities in every city and town across Massachusetts, helping them to remain independent at home - where they want to be.



How ASAPs Reduce High-Cost Institutional Care: Nursing Homes



ASAP programs and services provide safe alternatives for non-

institutional care at a lower cost and with overall better healthcare outcomes. This alleviates pressure on nursing homes by helping with throughput issues and freeing up acute care beds.

In fact, a July 2025 EOHHS report found that sustained investment in Home and Community-Based Services (HCBS) helps maintain adequate nursing home bed capacity over time by reducing unnecessary long-term institutionalization.

ROI Snapshot:

ASAPs Reduce Nursing Home Costs

Nursing Facility Cost Context

Estimated MassHealth annual cost for long-term care in a nursing facility: **\$92,710 per resident**

ASAP Home Care Programs

Approximately one-third of consumers in the Home Care Program are nursing home eligible; ASAP services meet consumer needs in the community at *far lower annual cost*:

Home Care Basic–Waiver (*capitated rate*): **\$7,919**

ECOP (*capitated rate*): **\$16,787**

Choices (*variable, up to 24/7 care at home*): **\$55,000+**

Community Transition Liaison Program (CTLP)

ASAP teams regularly engage nursing facility residents to support informed choice and safe discharge.

237 residents transitioned from nursing facilities to lower-cost community settings in Q1 of FY26.

ESTIMATED ANNUAL MASSHEALTH COST AVOIDANCE

FROM THESE TRANSITIONS:

\$9 MILLION TO \$20 MILLION!

(DEPENDING ON HOME CARE PROGRAM LEVEL)

Home and Community-Based Services delivered through ASAPs help older adults remain in, or return to, their homes, *where they prefer to live and thrive*. At the same time, **these services generate clear, measurable savings** compared to institutional care, delivering strong returns for consumers, insurers (including MassHealth), and the Commonwealth.